



Lyngford Park Primary & Nursery School

Asthma Policy

Annually reviewed by SLT and Governing Body.

Signature *N.Arnold*

Headteacher

Date: March 2025

Signature F.Forsyth

Chair of Governors

Date: March 2025

The Principles of our School Asthma Policy

- We recognise asthma is an important condition affecting many school children and welcomes all pupils and staff with asthma.
- Ensure children with asthma participate in all aspects of school life including PE.
- Recognise immediate access to reliever inhalers is vital.
- Keep records of children with asthma and the medication they take.
- Ensure the school environment is favourable to children with asthma.
- Ensure other children understand asthma.
- Ensure all staff who come into contact with children with asthma know what to do in the event of an asthma attack.
- Will work in partnership with all interested parties including all school staff, parents, governors, doctors and nurses, and children to ensure the policy is implemented and maintained successfully.

This policy has been written with advice from the Department for Education and Employment, National Asthma Campaign and the Local Education Authority.

1. This school recognises asthma is an important condition affecting many school children and positively welcomes all pupils with asthma.
2. This school encourages children with asthma to achieve their potential in all aspects of school life by having a clear policy that is understood by school staff, and pupils. Supply teachers and new staff are ALSO MADE AWARE OF THE POLICY. At least one member of staff in each area of school is provided with asthma training. This training is provided by the School Nursing Service or from their first aid qualification.

Medication

Immediate access to a reliever inhaler is vital.

All inhalers should be given to the class teacher at the start of each year (or when they get one) and these will be put into an easily accessible labelled box or bag to ensure that these can be taken easily to lessons such as PE or when the children are off site. Records are kept each time an inhaler is used. All inhalers must be labelled with the child's name by the parent. School staff are not required to administer medication to children except in an emergency however many of our staff are happy to do this. **All school staff will let children take their own medication when needed.**

Record Keeping

At the beginning of each school year, or when a child joins the school, parents are asked to inform the school if their child is asthmatic. All parents of children with asthma are required to complete a School Asthma Card (Asthma UK) and return it to the school. From this information the school keeps its asthma register which is displayed in the office area. If any changes are made to a child's medication it is the responsibility of the parents or carer to inform the school. Lyngford Park Primary School does now hold emergency inhalers and spacer as per 'Guidance on the use of Emergency Salbutamol inhalers in schools' March 2015. This medication can only be administered to children on the Asthma Register or if parents have given consent via

used the emergency inhaler. Asthma inhalers for each child are regularly checked for expiry dates by a member of staff. Each child's inhaler is kept in their own classroom in a named wallet containing their individual medication and asthma card, in their class designated first aid area. All staff members are responsible for acquainting themselves with the triggers of a possible attack (allergies, colds, cough, cold weather) for each individual child in their care. All this information is found in their medication wallet along with their medication.

PE

Taking part in sports is an essential part of school life.

Teachers are aware of which children have asthma from the asthma register.

Children with asthma are encouraged to participate fully in PE. Teachers will remind children whose asthma is triggered by exercise to take their reliever inhaler before the lesson. **Each child's inhalers will be labelled and kept in a box at the site of the lesson.** If a child needs to use their inhaler during the lesson, they will be encouraged to do so. Records are kept every time a child uses their inhaler.

School Trips and Outside Activities

When a child is away from the classroom on a school trip, club, outside sport or PE, their inhaler should accompany them and be made available to them at all times.

The School Environment

We do all that it can to ensure the school environment is favourable to children with asthma. We do not keep furry and feathery pets and has a non-smoking policy. As far as possible the school does not use chemicals in science and art lessons that are potential triggers for children with asthma. Children are encouraged to leave the room and go and sit in the breakout area if particular fumes trigger their asthma.

Making the School Asthma Friendly

We ensure all children understand asthma. Asthma can be included in Key Stages 1 and 2 in science, design and technology, geography, history and PE of the national curriculum. Children with asthma and their friends are encouraged to learn about asthma; information for children and teens can be accessed from the following website www.asthma.org.uk.

When a Child is falling behind in lessons

If a child is missing a lot of time from school because of asthma or is tired in class because of disturbed sleep and falling behind in class, the class teacher will initially talk to the parents. If appropriate the teacher will then talk to the school nursing team and special educational needs coordinator about the situation. The school recognises it is possible for children with asthma to have special education needs because of asthma.

Asthma Attacks

All staff who come into contact with children with asthma know what to do in the event of an asthma attack. The school follows the following procedure, which is clearly displayed in all classrooms.

1. Ensure the reliever inhaler is taken immediately.
2. Stay calm and reassure the child.

After the attack Minor attacks should not interrupt a child's involvement in school. When they feel better they can return to school activities. The child's parents must be informed about the attack.

Emergency procedure

If the pupil does not feel better or you are worried at any time before reaching 10 puffs from the inhaler, **call 999 for an ambulance. If the ambulance has not arrived after 10 minutes, give an additional 10 puffs as detailed above.**

In the event of an ambulance being called, the pupil's parents or carers should always be contacted. In the event of a pupil being taken to hospital by ambulance, they should always be accompanied by a member of staff until a parent or carer is present.