



PSHE/ RSHE

Intent:

At Lyngford Park our intention is that by the time children leave, they will do so with the knowledge, understanding and emotional stability to play an active, positive and successful role in today's diverse society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible when they put their mind to it. In a world that is constantly changing, it is important that our children are aware, to an appropriate level, of the different factors which affect their world. They learn the skills needed to deal with these, in order to have good mental health and well-being.

Our PSHE curriculum aims to develop every child's learning. As a result, develops an acquisition of knowledge and skills that will enable children to access the wider curriculum and prepare them to be a responsible member of the school community, who is accountable for their actions. As they progress throughout their education (and beyond), will become a responsible citizen within our wider community.

Within this, our curriculum also promotes the spiritual, moral, cultural, mental and physical development of pupils, preparing them for experiences, opportunities and responsibilities in later life. Our Relationships and Sex Education programme enables our children to learn how to be safe and sensible, as well as to understand the importance of and develop healthy relationships, now and in their future lives.

Implementation:

Across the whole school, we follow the 'Coram SCARF' scheme of work (from Reception to Year 6), which has 6 half-termly topics that use a spiral curriculum.

Through the 'Coram SCARF' scheme of work, each year group studies the same unit, appropriate to their age group as a spiral curriculum:

Autumn 1: Me and My Relationships

Autumn 2: Valuing Differences

Spring 1: Keeping Myself Safe

Spring 2: Rights and Respect

Summer 1: Being My Best

Summer 2: Growing and Changing

EYFS provision - In Reception, our PSHE curriculum builds on the children's personal, social and emotional development (PSED) which is vital for children to lead healthy and happy lives, and in turn it is crucial to their cognitive development. PSHE is taught within their continuous provision, so therefore it is embedded throughout the Foundation Stage curriculum. The EYFS Personal, Social and Emotional Development statements are taken from the 'Development Matters in the EYFS' and the PSED Early Learning Goals. To support this learning, Reception will also use the 'Coram SCARF' Scheme of work to assist in the delivery of PSED.

Key Stage 1 and Key Stage 2 - Our PSHE programme of study and our wider curriculum enable our children to meet the statutory guidance for Relationships, Sex, Health Education (RSHE).

These learning opportunities offer a wide range of involvement, including discussions, debates, as well as written tasks. Our learning allows our children to develop their personal skills, knowledge and understanding to make informative decisions and develop the right attitudes. Overall, our aim

for the PSHE curriculum is to show an awareness and provide learning opportunities that meet the needs for all our pupils.

*In addition to our Relationships Education, we also teach aspects of Sex Education through the Changing Me Unit, as well as our Science curriculum. What is taught, and with which age group, is detailed in our Relationships and Sex Education policy. Also, throughout our PSHE and wider curriculum, we aim to build in links to British Values and is taught in such a way to reflect on and promote the overall aims, values and ethos of our school.

Wider Curriculum:

- School and class assemblies
- Opportunities for visitors to complement our PSHE curriculum, such as emergency services, PSHE/RSE workshops, exposure to different learning routes as young adults and careers. We are part of Citizens Somerset.
- We encourage all children to develop their self-worth and play a positive role within the school and wider community.
- We encourage all pupils in our care to develop opportunities to demonstrate the school values.
- We encourage all children to embrace any challenges they may face and use mistakes as a positive, not a negative experience. We want all children to foster a love of learning, and general happiness being in school.

Impact:

To assess the progress our pupils make at Lyngford Park, we expect all teachers to use the PSHE programme of study to equip pupils with a sound understanding of potential problems and with the knowledge and skills they need to overcome any issues and to make safe and informed decisions. By the end of Key Stage 2, our children will also have the appropriate knowledge and understanding to make the right decisions in relation to Relationship, Sex and Health Education (RSHE). PSHE is an essential part of the Primary curriculum and is integral to the development of children's values for them to become a positive, responsible citizen within a forever-changing community and wider world.

Our assemblies will help to develop our children's spiritual, moral, social and cultural curiosity. Further aims of our PSHE curriculum:

- Our pupils will demonstrate a healthy and positive outlook towards school and further learning, which is illustrated through attendance.
- Our pupils will be able to demonstrate and apply the British values of Democracy, Rule of Law, Tolerance of different cultures and religions, Mutual Respect and Individual Liberty.
- Our pupils will consistently follow our school values.
- Our pupils will become healthy and responsible member of the school and wider communities.